


ADHD: Myth or Fact?

1. ADHD is a medical disorder.
2. ADHD is an invention of modern western culture.
3. ADHD is genetic.
4. ADHD is simply caused by poor or inadequate parenting.
5. At least one child in a mainstream classroom will have ADHD.
6. More boys than girls are diagnosed with ADHD.
7. A child cannot have ADHD as well as another condition or disorder.
8. ADHD is a childhood disorder which disappears by puberty.
9. Unless you receive a diagnosis as a child, you cannot have ADHD as an adult.
10. The use of medication can be effective in treating ADHD.

 **Figure 1.1** ADHD: Myth or Fact? (Sheet 1)
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